

WMTBOC

World MTBO Championships



2013

**ESTONIA
Rakvere**

JWMTBOC

Junior World MTBO Championships

Day 2 – Middle – Agenda

- Roll-call
- Time schedule
- Location
- Map
- Punching
- GPS
- Arena
- Quarantine and warm-up
- Start
- Course
- Safety
- Photos from the terrain
- Anti doping

Day 2 – Middle – Time schedule

First start 11:07

Start quarantine deadline 11:20

Expected finish
W20 13:45
M20 14:10
WE 14:45
ME 15:10

Day 2 – Middle – Location



Driving instructions: Take Rakvere-Rannapungerja road. Signs to the arena will start from junction of Rakvere-Rannapungerja road and Rakvere circle road.

Day 2 – Middle – Map 1/3

Scale	1:10 000 / 5m
Survey	2012-2013
Size	30*30 cm
Protection	Same as sprint map
Standard	ISM TBOM 2010 with adjustments

Day 2 – Middle – Map 2/3

FORBIDDEN



527 Settlement

ALLOWED



401 Open land



402 Open land with scattered trees



403 Rough open land



404 Rough open land with scattered trees

IMPASSABLE



406 Forest:
reduced visibility

100% yellow
50% yellow

Well rideable
Risky

Day 2 – Middle – Map 3/3



- Quad racing tracks with depressions



- Ski tracks

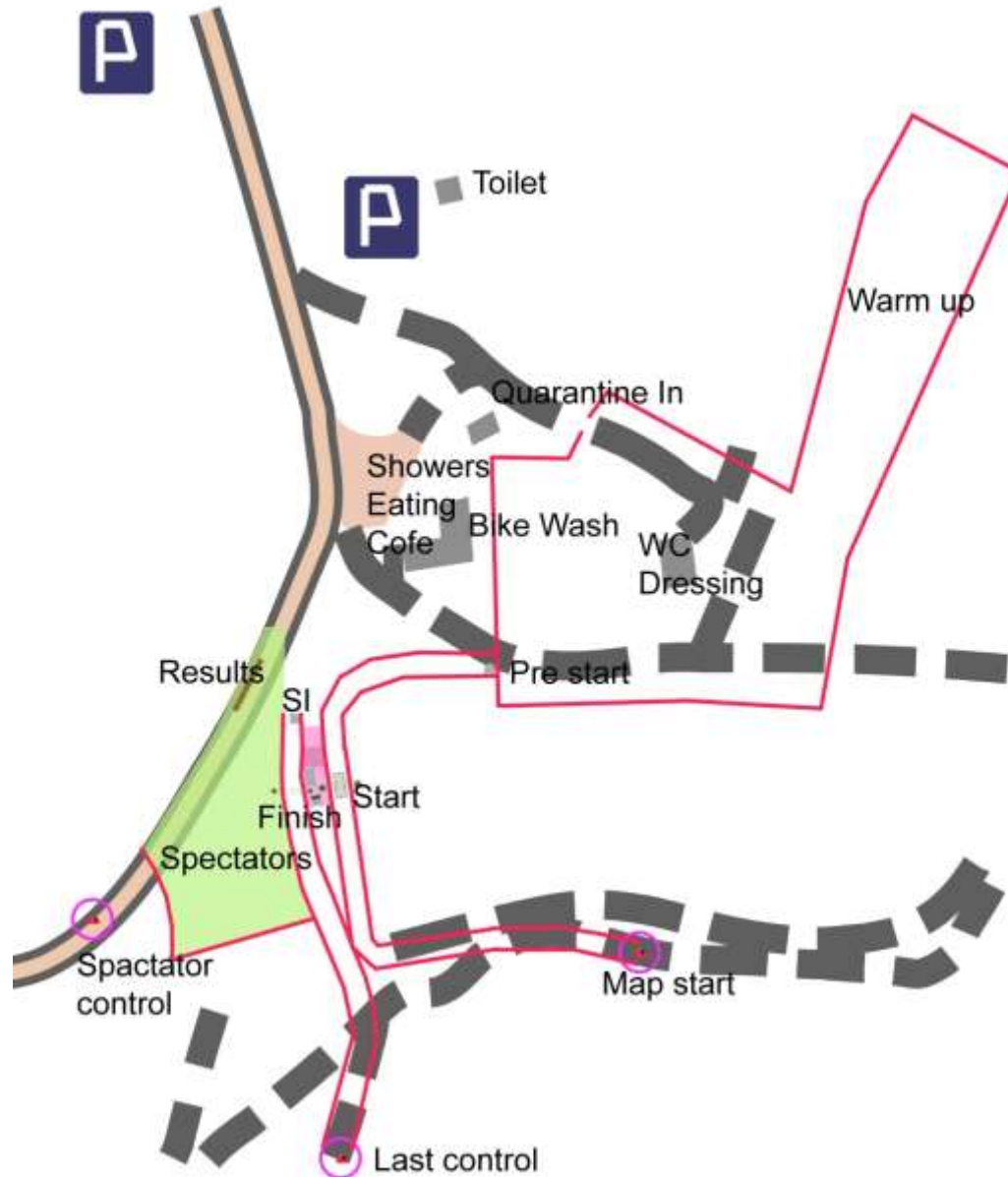
Day 1 – Sprint – Punching

- SI system
- Start No punch
- Finish No punch

GPS

- GPS units
 - to 20 male and 15 female riders
 - list of the riders available on event website
 - take the GPS unit from organizers in good time before your start in pre-start area

Day 2 – Middle – Arena



Quarantine and warm-up

- **General quarantine rules**
 - only registered riders / officials
 - no phone / computer internet gadget / etc – even if switched off!
- **Middle quarantine details**
 - Mõedaku sports centre territory
 - Tent and one building available for riders
- **Warm-up on gentle downhill slope (grass)**

Day 2 – Middle – Start

- Start checks
 - SI card number
 - Start numbers front/back
 - No GPS gadget with map / navigation
- Start procedure as in middle distance

Day 2 – Middle – Course 1/2

- Final course lengths as the crow flies

ME 11,4 km

WE 8,7 km

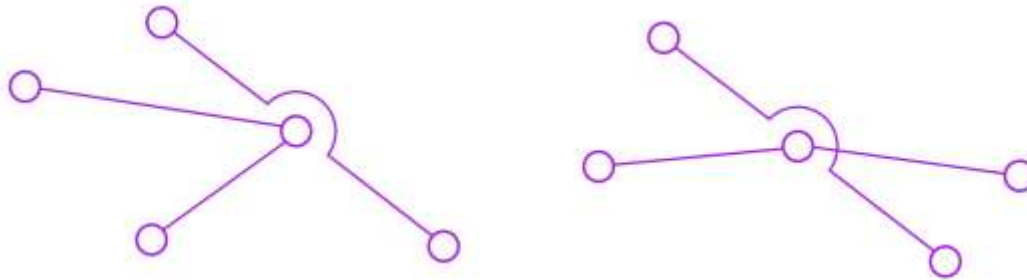
M20 9,4 km

W20 7,2 km

- „Long“ courses in small area

- courses have some crosses on the map

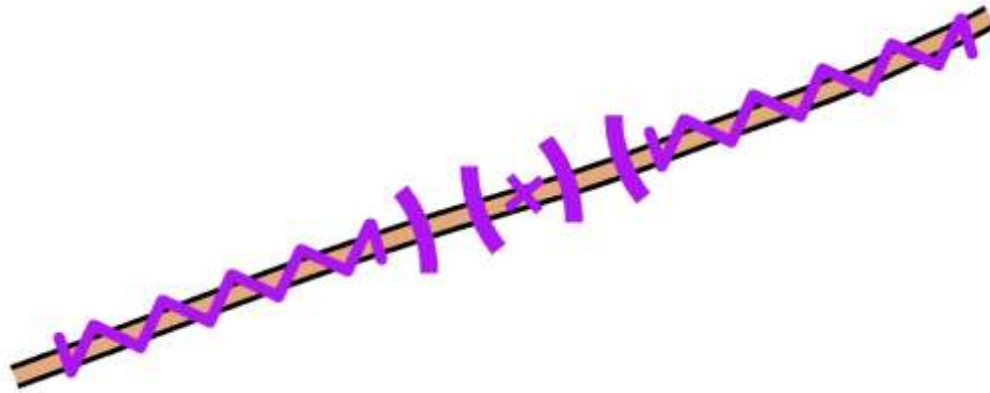
- sample of 2 connection lines on men's course:



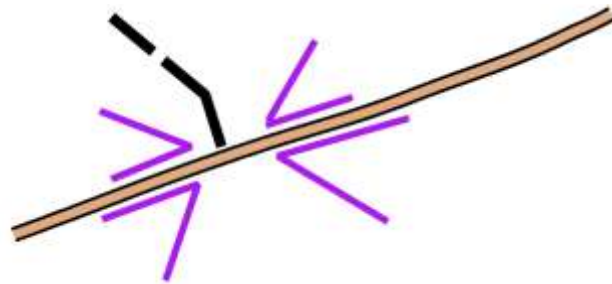
Read the map and check control serial and code numbers carefully!

Day 2 – Middle – Course 2/2

- Sample of forbidden road and crossing points



- Crossing points are marked in the terrain as follows:



- Spectators' control on all courses after approximately 7-10 minutes ride

Day 2 – Middle – Safety

- There are marshals at the road crossing points, who will stop the traffic when riders ride through
- Some slopes are very steep, watch out in downhill sections!
- Some most dangerous downhills have warning signs with exclamation marks
- No helmet – no start!

Day 2 – Middle – Photos from the terrain



Ski track covered
with grass



Ski track covered
with grass



Bulldozered
quad racing track



Bulldozered
quad racing track



Depression on
quad racing track



Depression on
quad racing track



Narrow ride with
slow riding track



Good luck!